

ORAL SEDATIVE MEDICATION

Information & Consent Form

Taking Halcion® (Triazolam) one hour prior to your dental appointment is an excellent way to minimize or eliminate anxiety that may be associated with going to the dentist. Even though it is safe and effective, you should be aware of some important precautions and considerations.

- **The onset of Halcion® is approximately 30 - 60 minutes.** Do not drive after you have taken this medication. The peak effect occurs between 1-2 hours. Most people feel back to normal after 6-8 hours after the peak effect of the medication. For safety reasons, and because different people react differently, you should not drive, operate machinery, or make major decisions the remainder of the day.
- **This Medication should not be taken or used if...**
 - Hypersensitive to benzodiazepines (Valium®, Ativan®, etc.)
 - You are pregnant or breast-feeding.
 - You have liver or kidney disease
 - You are taking the following medications -- Nefazodone antidepressants (Serzone®), Cimetidines (Tagament®, Novocimetine®), Levodopa®, Dopar® or Larodopa®.
- **Taking the following substances may prolong the effects of Halcion®** -- Benedryl®, Phenergan®, Calan® (vapamil), Cardizem® (diltiazem), erythromycin, HIV drugs (Idinavir® and Nelfinavir®), and alcohol.
- **Side effects may include:** light-headedness, headache, dizziness, visual disturbances, amnesia, and nausea. In some people, oral Halcion® may not work as desired.
- **You should not eat heavily prior to your appointment.** You may take the medication with a small amount of food such as juice, toast, etc. Taking the medication with too much food can make the absorption rate into your system unpredictable. CAUTION: Do not consume grapefruit juice with this medication.
- **Smokers will probably notice a decrease in the drug's ability to achieve desired results.**
- **Nitrous Oxide may be used in conjunction with the Halcion® and local anesthetic.**
- **On the way home from the dentist,** your seat in the vehicle should be in a reclined position. When at home, lie down with your head slightly elevated. Someone should stay home with you for the next several hours because of possible disorientation and possible injury from falling.
- **Your dentist may give you other medications in conjunction with Halcion®.** Hydrocodone 5mg/500mg (Pain Reliever), Lorazepam 5mg or 10mg (Sedative), and Promethazine 25mg (Anti-nausea).

I understand these considerations and am willing to abide by the conditions stated above. I have had an opportunity to ask questions and have had them answered to my satisfaction.

Patient Print Name: _____ Date: _____

Patient Signature: _____